

MEDICAL DECLARATION

Detoxing with The Ultimate Detox is based on Dr Otto Buchinger's method, which requires willingness and determination from each guest.

To maximise the effectiveness of the detox days, you are not permitted to smoke or to consume alcohol or coffee during the programme.

Only healthy people are permitted to detox with The Ultimate Detox.

Detoxing is strictly prohibited if you have any of the following conditions:

- Stomach or intestinal disease
- Liver or kidney disease
- Overactive thyroid
- Acute infectious disease
- Mental illness (schizophrenia, neurosis)
- Central nervous system disease
- Antibiotic treatments in the past 6 months
- Pregnancy & breast feeding
- Type 1 diabetes
- Cancer
- If you take medication on a regular basis (especially Marcumar or Sintrom)
- If you are under 18 or over 75 years of age

Medication may only be taken in agreement with your GP. If you are on regular medication please bring a certificate stating that it is safe for you to carry out the detox programme.

If the detox treatment and its success are adversely affected by your failing to disclose an existing illness or condition, The Ultimate Detox and its team shall not be liable for any health-related or other problems, irrespective of their type and cause.

By signing, you confirm that all information relating to yourself and your conditions has been provided truthfully and disclosed in full. You accept the content of this declaration as being valid for yourself.

Date: _____ Signed: _____

Print name: _____