

## CONDITIONS OF PARTICIPATION

(Very important information)

To maximise the effectiveness of the regeneration process, it is recommended that you abstain from consuming **nicotine, alcohol and coffee** for one week prior to your arrival.

If, for health reasons, you are required to take medication on a regular basis, you should consult your GP, as you may have to abstain from taking it during the detox week. First time detoxers over the age of 70 must provide a doctor's certificate stating that they are able to go through a detox programme.

**REGISTRATION:** You will not be permitted to take part in the detox programme if you have not registered beforehand. You should register **in writing** by sending us your registration form and declaration (the form is also available on our website at [www.theultimatedetox.co.uk](http://www.theultimatedetox.co.uk) – terms & conditions).

You will receive confirmation of your reservation once you have registered for your detox retreat and paid the full sum to The Ultimate Detox Ltd.

**DEREGISTRATION:** If you have registered but are unable to attend, please let us know!  
An administration fee of £ 100 is retained for deregistering up to 45 days before the start of the programme.  
If you are unable to attend, the following cancellation fees are payable:  
from 45 days up until 14 days before the start date 70% of the booking value will apply  
For cancellations that occur with less than 14 days' notice we charge 90% of the booking value!

**CONSULTATION:** Detox trainers are available throughout the programme. However, our group should not be regarded as a substitute for psychiatric and medical treatment. If you receive therapy, you must consult your therapist and yourself in advance to determine whether you are able to take part in the detox programme.

LIABILITY:

Participation in the detox programme is voluntary. Each participant assumes full liability for themselves and their actions within and outside the group. They agree to provide compensation themselves for any damage caused, and to indemnify the organiser, the trainers and the host venue provider of all claims for damages.

We do not aim to cure, diagnose or treat any illness or disease. If you have any medical conditions, recent operations or surgery then we advise you to talk to your health practitioner before embarking on The Ultimate Detox!

Date: \_\_\_\_\_ Sign: \_\_\_\_\_

Print name: \_\_\_\_\_